



CALENDAR:

February 7 th	Reading University Log Due to teacher
February 11 th	Elementary Grading (Only AM and Full day K attend) Early Dismissal 8:30 – 11:30 NO PM Session
February 18 th	End of term 3 – Report Cards go home
February 21-25	Midwinter Break - NO SCHOOL
February 28 th	Beginning of Term 4
March 4 th	Show What You Know Program AM Class: 8:30 am PM Class: 12:00 pm FULL DAY: 8:30 am
March 14 th -18 th	Staff Appreciation Week (volunteer sign up Genius coming shortly)
March 21 st	RU Log Due
March 22 nd	Professional Development Day (Only PM and Full day K attend) Early Dismissal 8:30 – 11:30 NO AM Session
March 31 st	RU store

FEBRUARY BUILDER OF THE MONTH THEME: “I AM A BUILDER WHEN I BEFRIEND OTHERS”

February’s builder theme, “I am a builder when I befriend others”, is automatic to our students. It comes so naturally to them! Ask any new student that has come to school at the ELC. They will attest to the many introductions, welcomes, smiles, or invitations to play at recess from our amazing students! As a staff we are constantly amazed at the kindness of our students!

LOCKDOWN DRILL:

Keeping our center secure and safe is one of our top priorities. In order to help accomplish this mission we implement monthly fire drills, and hold multiple earthquake and lock down drills. We were able to successfully conduct our lock down drill this past week. Thank you for discussing at home with your students how important these drills are.

100 DAY CELEBRATION:

We were able to acknowledge our “100 days in kindergarten” this past week. It’s hard for us to believe that the year is going by so quickly. We celebrated that our sweet students are 100 days brighter! We are so proud of the progress our kindergarteners are making!

VIRTUAL PARENT EMPOWERMENT: MANAGING STRESS AND ANXIETIES

Recent events over the past couple of years have really brought our attention to how we manage---or don't manage--stress. There has been a reported increase in anxiety among youth and adults alike. Not managing it seems to increase the problem. But there are simple interventions if applied consistently can help you and your loved ones better manage stress and anxiety. Please join us for our Virtual Parent Empowerment Night on Tuesday, February 8th from 7-8:30 pm. We will talk about what happens in the body when we are exposed to situations that increase our stress and anxiety. You will walk away with a few techniques to help you improve your ability to manage this. Your campus may have a bonus incentive for your attendance. Join us on Zoom. <https://uetn-org.zoom.us/j/87604322116>. Meeting ID: 876 0432 2116

FRIENDSHIP DAY - “CARING AND SHARING” GUIDELINES:

As a reminder, we do not hold Valentine’s Day parties or celebrations. We DO focus on friendship, caring and sharing all during this month. However, if you are interested, you MAY send valentine cards on **MONDAY, February 14th**. These will be exchanged during snack time. Please follow these guidelines if you decide to participate in this:

- All students are included in the giving – cards must be given to all classmates if you plan to bring cards. At APA we promote a no sugar zone therefore we ask that you do not send candy with your valentines cards. You are welcome to include stickers, pencils, etc. if you are including something with your card.
- You can have your student write “To: My Friend” and “From: (Their Name)”. As fun as they are to personalize, it takes too long for our kindergarten students to sort through and pass out.
 - Class Sizes:
 - 29 students in Ms. Buell’s AM class
 - 25 students in Ms. Buell’s PM class
 - 29 in Ms. Saguilan’s Full day CI



LOVE AND LOGIC PARENTING CLASSES – FREE TO APA PARENTS

The Love and Logic approach to parenting is built around the science of caring and respectful relationships. An authentic, loving connection between parents and their children forms the foundation of good behavior and healthy decision-making. We use these principles at our school every day and are excited to be able to offer FREE classes to our families at APA so they can begin to parent the Love and Logic Way. We will begin our first course at APA on Monday, February 7th in the evening. It will go for 6 weeks. We will also offer it in Spanish at the same time. We are registering now! Please fill out this google form: <https://forms.gle/pm2aQNaChZr9DiZi7>. Please email tokelberry@apamail.org if you want more information

STAFF APPRECIATION WEEK!! MARCH 14th-18th - SUPER HERO'S

Staff Appreciation is approaching and we want to give our families an early heads-up. This is a great time for parents to volunteer and show their students and the staff how much they appreciate them. We are excited to announce that our theme this year for staff appreciation week is SUPER HERO'S because we think our staff are truly super hero's!

Our FSO, Mrs. Shelby, will be creating a sign-up genius for this event! You will see that we hope to have doors decorated, meals and daily high fives provided. If you are interested in decorating one of our eight doors, these decorations need to be up on the doors no later than Friday, March 11th. If you have any questions, we have pictures in the office of door decorations from previous years. The dimensions of the doors are approx 3'x7' (windows in the door will vary) Parents will need to come and see the door they will be decorating so they have the correct measurements. For that week there will also be sign-ups for food items, and daily, simple high fives to staff.

Look for these additional volunteers opportunities:

- Parent Teacher Conference: April 15th
 - Lunch items and paper products provided for staff
- Zoo Field Trip Chaperones: May 17th 8:30 – 1:00

SHOW WHAT YOU KNOW PROGRAM:

Ms. Saguilan's Full Day Class	Friday March 4 th - 8:30 am
Ms. Buell's AM Class:	Friday March 4 th - 8:30 am
Ms. Buell's PM Class:	Friday March 4 th – 12:00 pm

KINDERGARTEN CORNER:

Student: "When I grow up I'm going to have a farm full of brown cows."

Teacher: "Why brown cows?"

Student: "For all of my chocolate milk."

Warm Regards,
Carlene Dastrup
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